

# CHECK List



- ✓ Comfy shoes (with light sole)
- ✓ Rain boots
- ✓ Sweatshirt and trousers
- ✓ Comfy hoody
- ✓ Waterproof/windproof jacket
- ✓ Sun cap (warm hat, scarf)
- ✓ Sun glasses
- ✓ Sailing gloves
- ✓ Sun cream
- ✓ Sleeping bag
- ✓ Pillow
- ✓ Toilet accessories
- ✓ Towel
- ✓ Shower shoes
- ✓ Good MOOD !



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